

## In-School Programme

### Day Trips:

You may apply to go on a maximum of four day trips. (Remember Friday is a fun day for everyone!)

To ensure you are not disappointed, should some trips be over booked, please rank your choices in order of preference and remember to provide two reserve choices. **Please do not send in any money at the moment.**

### In-School:

For those who stay in school all week or who wish to participate in a mixture of day trips and in-school activities, we are offering a programme of events as listed at the front of this booklet. Students opting for the school activities programme will not have a choice of activity but will be allocated activities for each day they are in school.

Trip Name	Approx. Cost	Ranked Order of preference	Ranked Reserve choice
Thorpe Park	£30.00		
Science & Natural History Museum	£12.00		
Westminster to Greenwich Boat Trip	£16.00		
BBC Studios	£19.00		
Windsor Castle & Boat Ride	£32.00		
Snow Zone (Airkix, tobogganing, bowling)	£46.00		
Woburn Safari Park	£16.00		
London Dungeon & Tower of London	£35.00		
London Eye & Aquarium	£30.50		
Duxford Aircraft Museum	£12.50		
Leisure World (Ice Skate, Bowl & Swim)	£16.00		

STUDENT NAME:..... FORM:.....  
 (PLEASE USE BLOCK CAPITALS)  
 SIGNED:..... PARENT/GUARDIAN

# TRING SCHOOL

## Key Stage 3

## Activities Week 2009



# RESIDENTIAL VISITS & IN-SCHOOL PROGRAMME

## 6-10 JULY 2009

# RESIDENTIAL VISIT BOOKING FORM

## Activities Week

6 – 10 July 2009

Welcome to the Activities Week booklet 2009. Following last years successful event we have again organised an action packed week full of exciting trips and activities that we hope will appeal to your child.

The purpose of an Activities Week is to offer students experiences not usually available within the traditional school day. Although the activities are outside the normal curriculum there is still an expectation that every student will sign up to the programme and attend regularly. With the options of residential trips, both at home and abroad, a variety of day trips in the UK and a range of exciting school based activities we hope to provide our students with a valuable social and educational experience. We have found that students return from these activities with increased self confidence, greater motivation to learn new and challenging skills, better communication skills and the development of new friendships and a great sense of pride and achievement.

For those students opting for residential trips there will be information evenings explaining the content and requirements of the trips in greater detail. Students choosing the In-School activities are not expected to wear school uniform although dress needs to be appropriate for the chosen activity. Organisation of the selection process is complex, we cannot guarantee students will be with their best friends every day, but as previously stated this is a great opportunity to build new relationships with both students and staff. In addition we are unable to accommodate changes made after the deadline date so please choose carefully. Those students staying in school will have access to the school catering service although packed lunches for day trips will need to be provided by parents.

We hope you find this booklet easy to read and the structure easy to follow. Please do not hesitate to contact the school should you have any questions. Please complete the relevant section on the tear off page and return to Mrs M Appleton in the Finance Office no later than 3.20pm on Thursday 23 **October 2008** .

We look forward to seeing your child enjoying their Activities Week!

Mr A J Dobberson  
Assistant Headteacher

Mrs T Dodd  
Administration Manager

Mrs M Appleton  
Activities Coordinator

### Year 7 — Multi Activity Adventure

I would like my son/daughter to participate in this residential visit.

I enclose a cheque for £150.00 (non-refundable)  
I enclose three post-dated cheques for the remainder.

Student Name:..... Form:.....

Signed:..... Parent/Guardian

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### Year 8 — French Adventure

I would like my son/daughter to participate in this residential visit.

I enclose a cheque for £125.00 (non-refundable)  
I enclose three post-dated cheques.

Student Name:..... Form:.....

Signed:..... Parent/Guardian

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### Year 9—

I would like my son/daughter to participate in the following residential visit. I understand that if the visit is over-subscribed, names will be drawn.

Alpine Adventure, France

Mountain Adventure, Wales

Paris Tour & Disney, France

Alpine Adventure—I enclose a cheque for £135.00 (non-refundable) together with three post-dated cheques.

Mountain Adventure—I enclose a cheque for £100.00 (non-refundable) together with three post-dated cheques.

Paris Tour & Disney—I enclose a cheque for £ 125.00 (non-refundable) together with three post-dated cheques.

Student Name:..... Form:.....  
(PLEASE USE BLOCK CAPITALS)

Signed:..... Parent/Guardian

# In-School Activities

For those students in Year 7 – 9 who choose to stay in school during Activities Week, we are offering a varied programme of school based activities, for which we request a voluntary contribution of **£2.00 per day, and a variety of day trips at variable cost.**

## Day trips:

You may apply to go on a maximum of four day trips. (Remember Friday is a funday for everyone!)

To ensure you are not disappointed, should some trips be over booked, please rank your choices in order of preference and remember to provide two ranked reserve choices.

**Please do not send in any money at the moment.**

Please choose your activities carefully.

**You will not be able to change your options.**

All trips are subject to a required minimum number. We reserve the right to cancel if needed. If this is the case, we will inform you and try and place your child on their second choice.

All choices should be returned to Mrs Appleton in the Finance Office **no later than 3.20pm Thursday 23 October 2008.**

Failure to return your activities request form will result in your son/daughter being allocated places on school based activities. If any of the activities are over subscribed, names will be drawn and those unsuccessful students will be allocated their next ranked choice.

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Student Name:..... Form:.....

I wish to participate in  activity days in school including Friday fun day at £2.00 per day

I enclose a cheque, made payable to Tring School

Please return to Mrs M Appleton, Finance Office

Signed:..... Parent/Guardian

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### Residential Visits

YEAR 7 - Multi Activity Adventure, Marchants Hill, Surrey

YEAR 8 - French Adventure, Ardres/Hauteville, France

YEAR 9 - Alpine Adventure, Embrun, France

or

Mountain Adventure, Snowdonia, Wales

or

Paris Tour & Disney, France

### In-School Activities

#### Day Trips:

Thorpe Park

Science Museum & Natural History Museum

BBC Studios

Windsor Castle & Boat Ride

Snow Zone, Milton Keynes

Woburn Safari Park

London Dungeon & Tower of London

London Eye/ & Aquarium

Duxford Aircraft Museum

Leisure World, Jarman Park

Westminster to Greenwich Boat Trip

#### In-School includes:

Sport & Swimming

Archery

Ameyzoo Reptile Show

Self Defence

Cooking

Making Big Kites, Water Rockets

Arts & Crafts

Dance

Fun Day—sports, inflatables, film, BBQ style food

Year 7  
Multi-Activity Adventure  
Marchants Hill, Surrey

Trip Leader: Miss D Schillaci

Staying in beautiful wooded countryside, deep in the heart of Surrey, PGL offer a fantastic week of fun and activity for your son/daughter. This newly refurbished site offers a variety of land based activities from abseiling to zip wires and so much more in between.

Students stay in 6 bedded, en-suite rooms, enjoy 4 or 5 different activities a day and are well fed in a fantastic restaurant! With 40 acres of land and over 50 activities, there simply isn't time to think of home or be bored!

Activities might include Aeroball, Climbing, Fencing, Quad Bikes, Orienteering, Problem Solving, Trapeze, and Giant Swing.

We will travel by coach, leaving school on Monday 6 July and returning on Friday 10 July . All activities, transport, meals and insurance are included.

**Cost: £335.00 per student**

Deposit £150.00 due immediately (non-refundable)

The remaining balance to be paid by three post-dated cheques as follows:

1 February—£50.00

1 March—£85.00

1 April—£50.00

All cheques should be made payable to Tring School, please write your child's name, form and residential trip on the reverse.

**Additional Important Information**

**Health and Safety**

Now, more than ever before, we are extremely aware of the potential hazards involved with adventure activities. It can sometimes be difficult, almost impossible, to create an opportunity for adventure whilst totally eliminating all risks. We sometimes hear of schools withdrawing from all types of adventure activity because of the risk of some unforeseen danger or threat to the well being of their children.

In the process of organising the wide range of activities listed in this booklet, we have paid great attention to health and safety. Where activities take place in a potentially hazardous environment, tuition and supervision by properly qualified instructors has been arranged. Thorough checks are undertaken for all outside companies used.

Every activity included in our in-house activities week programme has been examined for health and safety and for adequate staff:student ratios. As a result we can confidently offer a wide range of activities which are within the Education Authority's strict safety guidelines.

**Payment**

The Education Act 1996 allows the School to make a charge for these visits as it is outside the conditions put in place by this Act, namely:

It is not an activity required to fulfil any public examination requirement

It is not an activity required to fulfil the National Curriculum

It is not an activity required to fulfil religious education

For more information refer to the School's Charging and Remissions Policy.

## Year 9 Paris Tour & Day at Disney

The attractions of the French capital are many, varied and well known. They range from the religious buildings of Sacre Coeur and Notre Dame Cathedral, to cultural buildings such as the Louvre, to those of architectural interest including the Eiffel Tower and the Centre George Pompidou.

We will also be spending a long day at Disney, a full day pass is included in the cost.

Students will be travelling by coach and ferry to the Campanile Porte D'Italie Hotel in Paris. This hotel is located on the periphery at Port d'Italie, close to a metro shop. The hotel has a restaurant, lounge/TV area and students will be accommodated in 3-4 bedded room, all with private facilities.

We will travel by coach and ferry, leaving school on Monday 6 July and returning to school on Friday 10 July. All meals, travel, insurance, entrance fees, are included.

Students should hold a valid passport and European Health Insurance Card at the time of travel.

### **Cost: £425.00 per student**

Deposit £125.00 due immediately (non-refundable)

The remaining balance to be paid by three post-dated cheques as follows:

- 1 February—£100.00
- 1 March—£100.00
- 1 April—£100.00

All cheques should be made payable to Tring School, please write your child's name, form and residential trip on the reverse.

## Year 8 French Adventure Ardres & Hauteville, France

### **Trip Leaders: Miss C Ramsden & Mr D Woolley**

Our Year 8 students have been encouraged to take part in this residential visit for several years.

Set on two different sites, students stay in tented villages at either Ardres or Hauteville-sur-Mer. Acorn Adventures always make sure the students have a fantastic and memorable time.

Students have a go at Canoeing or Kayaking, Abseiling and Climbing, High Ropes and Zip Wires plus many more activities. Combine this with three delicious meals a day, evening activities and time with friends and you have a recipe for a very successful and educational trip away, promoting a great sense of achievement.

We leave school early on Monday 6 July and return on Friday 10 July 2009. The cost includes travel, meals, activities and insurance. Students should hold a valid Passport and European Health Insurance Card at time of travel.

### **Cost: £350.00 per student**

Deposit £125.00 due immediately (non-refundable)

The remaining balance to be paid by three post-dated cheques as follows:

- 1 February—£75.00
- 1 March—£100.00
- 1 April—£50.00

All cheques should be made payable to Tring School, please write your child's name, form and residential trip on the reverse.

Year 9  
Alpine Adventure  
Embrun, France

Trip Leader : Mr C Lickfold

Based at PGL's breathtakingly beautiful Alpine centre, students stay in modern tented villages at Camping la Clapière. Located on the shore of a glacial lake, close to the medieval town of Embrun in the French Alps, it's the perfect place to enjoy new experiences and fresh challenges.

As well as rock climbing and abseiling students can experience the thrill of white water rafting, tackling the foaming rapids of nine miles of the River Durance.

Students will spend a day navigating their way through mountain valleys and forests and building their own shelter in which to spend the night, after cooking their own evening meal on open fires. Add to this water sports on the beautiful lake, time with friends, a day off shopping and sightseeing, and evening entertainment, this really is a fun packed adventure.

We will depart from school on **Saturday morning**, take the ferry to Calais and travel overnight to Embrun, arriving on Sunday morning. After seven full days at the site, we will leave Embrun on Saturday night after an evening meal and arrive back at school on **Sunday afternoon**. The cost of the trip includes all travel, meals (not on the journey), activities and insurance.

Students should hold a valid passport and European Health Insurance Card at the time of travel.

**Cost: £585.00 per student**

Deposit £135.00 due immediately (non-refundable)

The remaining balance to be paid by three post-dated cheques as follows:

1 February—£150.00

1 March—£150.00

1 April—£150.00

All cheques should be made payable to Tring School, please write your child's name, form and residential trip on the reverse.

Year 9  
Mountain Adventure  
Wales

Trip Leader: Mr D Adams

The Old School Lodge is run by the Blue Peris Mountain Centre and is located just outside the Snowdonia National Park in Wales. Most activities take place off site and include rock climbing and abseiling, mountain walking and gorge scrambling, kayaking, and if conditions allow it, white water rafting. Other challenges are created with problem solving tasks, orienteering and even underground exploration in abandoned mines!

All perfectly safe of course.

Students stay in small Dormitories with access to a games room, common room and lecture theatre. The Centre can take up to 30 students working together in small groups.

We will travel by coach to Wales, leaving school on **Sunday 5 July** and returning to school on **Saturday 11 July**. All meals, travel, insurance, equipment and instruction is included.

**Cost: £370.00 per student**

Deposit £100.00 due immediately (non-refundable)

The remaining balance to be paid by three post-dated cheques as follows:

1 February—£100.00

1 March—£100.00

1 April—£70.00

All cheques should be made payable to Tring School, please write your child's name, form and residential trip on the reverse.