



Ardres 2009





Dates/Times

**Monday 6th July –
Friday 10th July 09**

Depart Monday July 6th:

- 7.45am students should congregate at main entrance to school
- Arrive at Ardres centre 15.30pm (French time)

Return Friday July 10th:

- Return to Tring School at 16.30pm approx

Very Important!

When your child arrives at 7.45am they should locate their group leader and hand in their passport and EHIC.

They will **NOT** be allowed to go on the trip if they do not have **BOTH** these essential items.



Where is Ardres?



Accommodation

- Students will share tents in groups of 2, 3 or 4.
- Tent sharing arrangements have already been made by students.
- There are 2 'villages' of tents which are adjacent and a central tent where all students and staff will have meals.
- Water is available at all times from the central food tent.
- Students will be expected to keep their tents tidy for the duration of their stay.

A Typical Day

- 8.30am: **Breakfast**
- 9.30am – 12.30pm: 1st Activity
- 1pm: **Lunch**
- 2.30pm – 5.30pm: 2nd Activity
- 6pm: **Dinner**
- 7pm – 9pm: Evening Entertainment
- 9pm-10pm: Free time/be in tents and ready for bed by 10pm

- 10.30pm: Lights out/SILENCE

Activities

Daily Activities

- High Ropes
- Archery
- Fencing
- Kayaking
- Canoeing
- Sailing
- Dragon Boat
- Raft Building
- Market Day

Evening Activities

- **Town Walk**
- **Ice Cream Walk**
- **Wet Night**
- **Talent Show**

Things to do:

- Football
- Basketball
- Volleyball
- Table Tennis
- Grassed Area

Other Information

If you would like to check our progress on route home then there will be a central number to call:

01442 821043

There will be an automated message stating our approx return time.

Staff

- **Miss Ramsden (Trip leader)**
- **Mr Woolley (Deputy trip leader)**
- **Mr King**
- **Miss Horne**
- **Miss Nicola**
- **Miss Bullock**
- **Mr Ano**
- **Mr Callison**
- **Miss Boddey**

There will be a meeting for students a week before departure to discuss activity groups, rules and expectations.

Other Information

- If your child has a specific medical or dietary requirement then this should have been identified by you on the yellow forms. This information has been sent to the staff at Ardres and shared with teaching staff prior to departure.
- Your child will be issued with a kit list but this will also be put on the school website (more info on this to follow)
- If your child has difficulties with swimming this should also have been written on the yellow form which you have returned.
- All ACORN staff are fully trained and police checked. During activities they are responsible for the health and safety of the students.

What students need to bring

- Packed lunch for breakfast/lunch on outward journey (or money to buy food on the ferry)
- Money for food from the tuck-shop (£15-20 max)
- 1 holdall OR medium suitcase
- 1 small rucksack for daytime activities
- They will NOT need a hairdryer/straighteners etc as there will be no electricity in their tents

ESSENTIALS

- Sleeping bag and pillow
- Wash bag and at least 2 towels
- Labelled plastic bags/bin liners (for wet clothing)
- Plastic bottle for drinks
- Sun hat and sunscreen
- Notebook and pen
- Book/magazine

NON-ESSENTIALS

- Camera
- I-pod/game boy
- Mobile phone – we strongly recommend that students do not bring phones. If they want to then they will be required to hand them in to staff and may request to use the phone during the week if they need to contact parents.

CLOTHING/KIT

- Nightwear
- Several changes of underwear
- 2 or more fleeces/jumpers
- 3 pairs of old trousers (not jeans for activities)
- Shorts
- Practical shoes or boots
- Several T-shirts
- Socks
- 2 or more pairs of trainers
- Waterproof jacket (and trousers if you have them)
- Hat and gloves
- Casual clothes for evening

**Thank you for
listening.**

**Are there any
questions?**